

As the state of Minnesota continues to prosecute Alvin Schlangen, farmer and founder of Freedom Farms Co-op, we need to rally to his defense!

Please join the Raw Milk Freedom Riders for a
**Two Day Event in Support of
Food Freedom**

To learn more visit: <http://rawmilkfreedomriders.com>

Facebook event page: <http://www.facebook.com/events/344200692304757/>

Donate to the event here: <https://www.wepay.com/donations/minnesota-food-freedom-event>

Sunday, May 13, 2:00pm: Know Your Rights Workshop & Mother's Day Dinner

Monday, May 14, 7:00am: Food Freedom Rally in support of Alvin

DAY ONE: KNOW YOUR RIGHTS WORKSHOP

Sunday, May 13, 2012 2:00 PM-5:30 PM followed by a Farm Food Dinner

Learn about a history of peaceful non-compliance, how to peacefully stand up for your rights in confrontational situations, and how to take responsibility for your freedom. Farm-fresh dinner to follow.

SPEAKERS and RIGHTS TRAINERS INCLUDE:

John Moody, Food Freedom Activist

David Gumpert, Author and Blogger

Mary Gerke & Mel Olson, Activists

Liz Reitzig, Raw Milk Freedom Riders/Farm Food Freedom Coalition Co-founder

Michael Badnarik, Freedom activist and Constitutional scholar

Space is limited so reserve your seat today. Don't miss this opportunity to learn how to exercise your right to the foods of your choice! Register for the workshop and dinner here:

<http://farmfoodfreedom.wufoo.com/forms/rights-workshop-dinner/>

DAY TWO: FOOD FREEDOM RALLY IN SUPPORT OF ALVIN

Monday, May 14, 2012 7:00am Rally begins, followed by a peaceful sit-in of Alvin's Trial at 9:00am

Hennepin County Government Center
300 S. 6th Street, Minneapolis, Mn. 55487

The court has allocated three days for Alvin's trial for four misdemeanor charges related to raw milk distribution. We must pack the courtroom. Sign up here to take your place in history! No registration required to attend the rally. To reserve your seat in the courtroom, please register here today:

<http://farmfoodfreedom.wufoo.com/forms/courtroom-sign-up/>

**PUT YOUR RIGHT TO DEMONSTRATE INTO ACTION
and show solidarity with independent farmers everywhere!**